

THE
INTUITIVE READING
PROGRAM

WORKBOOK

Astral Beings Worksheet

The purpose of this worksheet is for you to integrate the information you have learned about astral beings in this chapter into your frame of reference.

- What is the difference between Spirit Guides and Guardian Angels? (in terms of their roles in our lives)
- Which two types of Guardian angel does every incarnated human have on their team? Define the roles of both types of angel.
- What is the role of Ascended Masters?

Worksheet— Jann's Reading

1. During this reading, I read Jann's Akashic Record to find out her soul group of origin, her Archangelic realm of training, and her archetypes. Rather than giving Jann the whole back-story on where her gifts came from, I simply summarised them for her.

Below, list the gifts that I told Jann about during the reading.

2. Some of her archetypes are obvious from listening to the reading, but can you guess what her soul group of origin and Archangelic realm of training were?

3. Put the following steps that I did as part of Jann's reading into order

- Tuned into her Akashic Record to gain the information needed

- Asked for feedback
- Passed on the life lesson she's learning in her career
- Tuned into her Spirit Guides/Higher Self to gain more information about which careers might be suitable for her soul gifts
- Passed on a general message about her self-belief and self-confidence in the area of career
- Explained to her what is going to happen in this reading and reminded her that the reading can be tailored to whatever she needed at that point in time, giving her a choice
- Passed on the soul gifts relevant to her career that were drawn from her Akashic Record
- Asked how the information applies to her current career/gave her an opening to talk about this if she wanted to

4. Which of the steps do you think are essential to any career reading? And which steps above could be optional in a career reading?

NOW CHECK THE WORKSHEET ANSWERS.

Worksheet One—Analysing the Soul Profile and Pinpointing Career Strengths

The purpose of this exercise is:

1. To gain clarity about the entirety of the client's soul gifts — to tease out each and every soul gift that is relevant to career
2. To see the patterns and anomalies present within the profile — are the gifts all going in one direction, very diverse and varied, or somewhere in between?
3. To consider how the gifts interact with one another and to identify what is really unique and defining about this soul

Soul Profile #1:

SOUL GROUP: Alpha Centaurian

AA REALM: 6th

ARCHETYPES: analyser, maximising systems, catalyst for change, problem solver, competitor

RELEVANT SOUL TRAININGS: Master of Design (structural specialist)

Questions to Answer:

- What sort of career do you think a soul such as this one would be drawn to?
- Does this person have a wide variety of gifts, or do the gifts tend to go all in one direction?
- Are there any gifts that seem not to fit in with the others?
- What is this person's underlying motivation in the area of work?

Note: if you have trouble answering the questions above, use your course book to fill in the table below, then look at the gifts in their entirety:

ASPECT OF SOUL PROFILE	CAREER—RELEVANT SOUL GIFTS
AA REALM OF TRAINING: 6TH	
SOUL GROUP OF ORIGIN: ALPHA CENTAURIAN	
ARCHETYPES: ANALYSER, MAXIMISING SYSTEMS, CATALYST FOR CHANGE, PROBLEM SOLVER, COMPETITOR	
SIGNIFICANT SOUL TRAININGS: MASTER OF DESIGN (STRUCTURAL SPECIALIST)	

Worksheet Two—Analysing the Soul Profile and Pinpointing Career Strengths

The purpose of this exercise is:

1. To gain clarity about the entirety of the client's soul gifts — to tease out each and every soul gift that is relevant to career
2. To see the patterns and anomalies present within the profile — are the gifts all going in one direction, very diverse and varied, or somewhere in between?
3. To consider how the gifts interact with one another and to identify what is really unique and defining about this soul

Soul Profile #2:

SOUL GROUP: Blueprint Changer

AA REALM: 7th

ARCHETYPES: inspiration and motivation, relater, catalyst for change, intuitive, humourist

RELEVANT SOUL TRAININGS: Master of Design (biology and botany), ethicist

Questions to Answer:

- What sort of career do you think a soul such as this one would be drawn to?
- Does this person have a wide variety of gifts, or do the gifts tend to go all in one direction?
- Are there any gifts that seem not to fit in with the others?
- What is this person's underlying motivation in the area of work?

Note: if you have trouble answering the questions above, use your course book to fill in the table below, then look at the gifts as a whole:

ASPECT OF SOUL PROFILE	CAREER—RELEVANT SOUL GIFTS
AA REALM OF TRAINING: 7TH	
SOUL GROUP OF ORIGIN: BLUEPRINT CHANGER	
ARCHETYPES: INSPIRATION AND MOTIVATION, RELATER, CATALYST FOR CHANGE, INTUITIVE, HUMOURIST	
SIGNIFICANT SOUL TRAININGS: MASTER OF DESIGN (BIOLOGY AND BOTANY), ETHICIST	

Worksheet Three—Analysing the Soul Profile and Pinpointing Career Strengths

The purpose of this exercise is:

1. To gain clarity about the entirety of the client's soul gifts — to tease out each and every soul gift that is relevant to career
2. To see the patterns and anomalies present within the profile — are the gifts all going in one direction, very diverse and varied, or somewhere in between?
3. To consider how the gifts interact with one another and to identify what is really unique and defining about this soul

Soul Profile #3:

SOUL GROUP: Nihal

AA REALM: 2nd and 5th

ARCHETYPES: the leader, pointing out gifts, catalyst for change, intuitive, management and organisation

RELEVANT SOUL TRAININGS: none

Questions to Answer:

- What sort of career do you think a soul such as this one would be drawn to?
- Does this person have a wide variety of gifts, or do the gifts tend to go all in one direction?
- Are there any gifts that seem not to fit in with the others?
- What is this person's underlying motivation in the area of work?

Note: if you have trouble answering the questions above, use your course book to fill in the table below, then look at the gifts as a whole:

ASPECT OF SOUL PROFILE	CAREER—RELEVANT SOUL GIFTS
AA REALM OF TRAINING: 2 ND AND 5 TH	
SOUL GROUP OF ORIGIN: NIHAL	
ARCHETYPES: THE LEADER, POINTING OUT GIFTS, CATALYST FOR CHANGE, INTUITIVE, MANAGEMENT AND ORGANISATION	
SIGNIFICANT SOUL TRAININGS: NONE	N/A

Worksheet Four—Analysing the Soul Profile and Pinpointing Career Strengths

The purpose of this exercise is:

1. To gain clarity about the entirety of the client's soul gifts – to tease out each and every soul gift that is relevant to career
2. To see the patterns and anomalies present within the profile – are the gifts all going in one direction, very diverse and varied, or somewhere in between?
3. To consider how the gifts interact with one another and to identify what is really unique and defining about this soul

Soul Profile #4:

SOUL GROUP: Vega

AA REALM: 4th

ARCHETYPES: humourist, pointing out gifts, humanitarian, artist, counsellor/advisor

Questions to Answer:

- What sort of career do you think a soul such as this one would be drawn to?
- Does this person have a wide variety of gifts, or do the gifts tend to go all in one direction?
- Are there any gifts that seem not to fit in with the others?
- What is this person's underlying motivation in the area of work?

Note: if you have trouble answering the questions above, use your course book to fill in the table below, then look at the gifts as a whole:

ASPECT OF SOUL PROFILE	CAREER—RELEVANT SOUL GIFTS
AA REALM OF TRAINING: 4TH	
SOUL GROUP OF ORIGIN: VEGA	
ARCHETYPES: HUMOURIST, POINTING OUT GIFTS, HUMANITARIAN, ARTIST, COUNSELLOR/ADVISOR	
SIGNIFICANT SOUL TRAININGS: NONE	N/A

After Your Practice Career Readings

When you have delivered a minimum of five practice career readings please schedule a 30–minute mentoring session with me by emailing this worksheet to anna@annasayce.com. Please note: this mentoring session is optional. If you do not have questions or do not need to discuss your readings, and you feel confident about the process, you do not need to partake of the session.

However, I recommend a session if you would like to talk about how your readings went.

I will use the information in this worksheet as the basis for the mentoring session.

- Were your practice readings given by phone, in person or via email?
- Was there anything you found challenging about the readings?
- How did your practice clients react to the information?
- How long did your readings take on average?
- How do you feel you did in the following areas? (On a scale of 1-10, 10 being excellent and 1 being not very well.)
 - Extracting career relevant gifts from the soul profile
 - Building rapport and asking for feedback
 - Gaining more specific information from the Spirit Guides and Higher Self
 - Timing (i.e. making sure the reading does not go on for too long)
- Are there any issues or questions you would like to bring up for discussion during our mentoring session?

PLEASE MAKE A NOTE OF THEM HERE.

Please note your practice reading findings here:

	ARCHANGELIC REALM	SOUL GROUP	ARCHETYPES	FURTHER INFORMATION CHANNELLED
CLIENT 1				
CLIENT 2				
CLIENT 3				
CLIENT 4				
CLIENT 5				

After Your Practice General Intuitive Readings

When you have delivered a minimum of five practice intuitive readings please schedule a 30-minute mentoring session with me by emailing this worksheet to anna@annaSayce.com.

I will use the information in this worksheet as the basis for the mentoring session.

- How many practice general intuitive readings have you completed to date?
- Were your practice general intuitive readings given by phone, in person or via email?
- Which life areas did you cover as part of the general intuitive readings?
- How did you feel about these sessions?
- Did you have any difficulties?
- Is there anything you feel you could have done differently during the sessions?

Your Practice Readings

Please state how many practice readings you have completed to date in all categories (e.g. how many did you do of the Spirit Guide profile readings, the career readings, the decision readings and the general intuitive readings)?

- Which type of reading did you find most challenging?
- Which type of reading did you enjoy the most?
- Do you plan to do this work professionally?
- Are there any issues or questions you would like to bring up for discussion during our mentoring session?

PLEASE MAKE A NOTE OF THEM HERE.