

The Career Reading

“EVERYBODY IS A GENIUS, BUT IF YOU JUDGE A FISH BY ITS
ABILITY TO CLIMB A TREE, IT WILL LIVE ITS WHOLE LIFE
BELIEVING THAT IT IS STUPID.” — ALBERT EINSTEIN

The premise underlying the career reading is the following:

Every soul who incarnates here has something meaningful to offer. We are all different, and we are all good at different things.

It can often require a little exploration, work and courage to discover the work that allows us to express our gifts and fulfil our life purpose. Often we do not just fall into the career of our dreams. Some people grow up with expectations from parents or caregivers about what they will become (or not become), and along the way they will need to shed those expectations that do not align with their inner selves, in order to arrive at a fulfilling career.

A career reading provides a clear and comprehensive look at what a person’s true soul gifts are, and how they might be used. It can provide clear answers to the following questions:

- Which type of work/career path would be fulfilling for me?
- Is my current career path right for me? (I.e. is it going to bring me growth and fulfilment?)
- How can I tweak my current career/work to bring me more fulfilment?

A career reading can help the client to more fully understand her true motivations in life and work, and to see how these may have been calling her in various forms already. It can help a person to know whether a certain career path is going to bring her growth and fulfilment, or boredom and stagnation.

HOW WE USE OUR SOUL GIFTS IN CAREER

When we use our soul gifts and make our unique contribution to the world, this may be in the form of activities and things that we can actually do and other times it is about the energies that we bring into the world. For example, someone can have a healing presence that manifests itself across all life areas (which is a passive process) or a person can be skilled in some kind of healing modality which is used specifically in the area of career (and so this is a soul gift which is expressed actively.)

In one of my articles on life purpose (available on my blog), I told the following story in order to illustrate this point:

“We underestimate what we can achieve and heal just by being ourselves. Like the proverbial ripples on a lake, every action we take and every word we say has consequences.

A friend recently told me a story. On the anniversary of her daughter’s death, she was visiting her daughter’s grave in the cemetery to put flowers on it. She had parked her car in a spot that was easy to get out of, on a tiny country road, but when she returned to her car, she had been trapped into that space by two other cars, one behind her and one in front of her — getting out of that space looked impossible. By the time she had eventually got out of the parking spot, she realized that there was no way she could turn round and she had effectively trapped herself in the road. The only way she could turn round was in someone’s drive, which had a locked gate. She was trapped in. She began to panic. The emotions of sadness and grief began to overwhelm her. She was wondering what to do.

Then she saw the occupant of the gated house coming down her drive and opening the gate. My friend got out of her car to thank her and as she did, the stranger gave her a hug and held her for a moment. She began to cry and was overcome with gratitude at the kindness this stranger had shown her.

The woman probably never realized how appreciated her kindness was. But like that woman, without putting a lot of effort into it, we all bring our positive energies to the world every day, whether they are healing, courageous, nurturing, innovative, or patient. You impact on people in small ways every day. Purpose is not JUST about ‘what should I do?’ but also ‘who am I and how can I act in a manner that is true to myself?’

This shows that we do not have to bring our positive energies to others in a conscious way in order to fulfil our life purpose. Often, our life purpose is fulfilled simply by acting in a way that expresses the energies that we are meant to bring into this world. This can happen in all kinds of situations.

Sometimes, we influence others through our example too. For example, a Sirian may inspire organisation and order in others' lives through their own love of a well-ordered home or office. Alternatively, a client who belongs to the Blueprint Deliverer subgroup may unconsciously bring the energies of respect and compassion to friends, family and members of the public through their interactions with them.

In addition, career is just one way in which we can bring those energies that are integral to us. Other life areas in which we can express our unique energies include family, romantic relationships, friendships, community, spirituality, health and money.

In the next part of this chapter, I am going to discuss how a career reading is structured and which steps you need to take to do this type of reading – I am going to walk you through the process step by step. However, before we do that, I would like you to listen to the recording of a career reading I did with a client, so that you can get a sense for what a career reading looks like, before you even begin.

Homework exercise

At this point, please listen to the recording of the career reading I did with Jann. Please print off the worksheet entitled 'Worksheet for Jann's reading' and fill it in as you listen. This will help you to familiarise yourself with the structure of a typical career reading.

There are some parts of the reading that are just empty space (where no-one is saying anything.) This is because I do my readings live and the client has to wait while I go off and get the information needed for the reading, so you may want to fast-forward certain sections.

Once you have listened to the recording and filled in the worksheet, please refer to the worksheet answers, which can be found in the Online Members area.

HOW THE CAREER READING IS STRUCTURED

From listening to Jann's reading, you saw how a typical 30-minute career reading can be structured.

Here is a summary of the steps that are usually included in this type of reading:

1. The reader begins by looking up information about the client in the Akashic Records. The information needed for the career reading will usually include the client's soul group of origin, Archangelic realm of training and archetypes. This information may be researched prior to the call or live on the phone while the client waits.
2. Using the information in the Akashic Records, the reader then extracts the soul gifts which are relevant to the client's career. (This is a skill that is new to most new Intuitive Reading Program students, simply because when you do an Akashic Record reading, you are not analysing the gifts too closely. You are simply researching the client's soul Profile, and delivering the information to them. So, in this chapter you will get some practice at pinpointing the soul gifts which are relevant to your client's career.)
3. Next, you will pass on the information you have found. Part of this step is also asking about feedback if it feels appropriate to you.
4. Tune into the client's Spirit Guides/Higher Self to gain more specific information about which careers might be suitable for her soul gifts.
5. Ask the client how the information applies to her current career, and give her an opening to talk about her current career if she wishes to. If you already know which profession the client is in, you could discuss how the client may/may not be using these gifts in her career.
6. If necessary, ask the client whether she has any options that she is considering for her career and measure the alignment of these options with her highest path and purpose in her career.
7. Channel any general messages for the client in the area of career.
8. Look up the life lesson(s) that the client is learning in her career at the moment.

THE 'NUTS AND BOLTS' OF EACH STEP: HOW TO PERFORM THIS TYPE OF READING FOR A CLIENT

Some of the steps above require further explanation and instruction. Below I break down each step into manageable parts.

Step One: Looking up Information About the Client in the

Akashic Records

This step will be easy for you, as it is something you are used to doing already. The difference between the level one Akashic Record reading and the career reading is that for the latter, you look up the Archangelic realm of training, soul group of origin and the archetypes ONLY.

If you wish, you can also look up the soul trainings that the client has had between lifetimes. If time permits, I sometimes look up this information, but often you will find that it does not add much to the reading. For example, if a client is a Dreammaster, this does not add much to the reading. On the other hand, some of the other soul trainings such as Master of Design (Structural Specialist) or Master of Design (Biology and Botany) can add something to a career reading, especially if they serve to reinforce what the other soul gifts are already showing you about the client. You can use your own discretion to decide whether or not to include the soul trainings.

Step Two: Extracting Relevant Information from the Archangelic Realm of Training, Soul Group, and Archetypes

Normally when you do a level one Akashic Record reading, you pass on the entirety of the information you have on the client's soul group of origin or Archangelic realm of training. For Jann's reading, you saw me do something a little different: using her soul Profile, I summarised the gifts that I thought would be relevant to her career.

If you perform a career reading live on the telephone, you will have a few minutes during which you need to pinpoint which soul gifts are relevant to the person's career, using the Akashic Records information.

So this chapter will help you to develop the skill of extracting the relevant career gifts and strengths. To help get you started in this area, I have highlighted below the relevant career gifts for some Archangelic realms of training and soul groups. Please note that I am unable to provide career information on every single soul group and Archangelic realm of training. Instead, the information given below is limited to my own experiences in working with clients.

THE ARCHANGELIC REALMS AND THEIR EXPRESSION WITHIN CAREERS

The Archangelic realm of training tells us a lot about the approach that a person has towards their work. It shows us the underlying urge that is going to spur the person on in the area of career and

get them out of bed every day — this is the soul's 'message'. The messages embodied in the various Archangelic realms of training can be expressed in more than one career, and by tuning in to the person's Higher Self or Spirit Guides, we can usually obtain more specifics about which career would be right for the client.

THE FIRST ARCHANGELIC REALM OF TRAINING — AURIEL

This realm of training gives a desire to nurture and take care of others' needs in a practical sense. For example, this urge could mean that the client becomes a nurturer of children or the elderly.

This realm is also about the infrastructure of society and its needs — all of those things we pay taxes for relating to sustenance and food, the community and tribe, survival and security. The realm of Auriel is about meeting needs on a social or planetary level.

Examples of this type of work could be a client who runs a health food store, a cleaner at a hospital, a farmer, a dinner lady at a school or a humanitarian who works in a third world country to bring clean water to communities. I believe that one of the reasons why I get so few Aurielites booking a reading is because these people are often very straightforward in their career choices — they see a practical need that they can help to meet, and they then get involved in meeting that need.

This realm of training does not necessarily require one to 'work in the trenches' or 'get one's hands dirty' (for example, by building the road or serving the food), but it does mean that this soul has an urge to tend to human, practical needs on a social or planetary level.

THE SECOND ARCHANGELIC REALM OF TRAINING — ZADKIEL

If the realm of Auriel is about survival and physical needs, the realm of Zadkiel is one step beyond that.

The realm of Zadkiel is about creation, abundance, growth, luxury, comfort, sensuality and enjoyment of all the good things in life. Zadkiel is also the realm of finances and resources on a personal, national, or international level.

Finances and Resources

Those with their realm of training in Zadkiel may be concerned with managing resources and money. Indeed, it is not unusual to find them working in banking or investing, helping others to accumulate and grow wealth and assets. Another possible career for Zadkielites would be to work for

the government, helping to manage national resources.

Luxury and Enjoying Life

Working within the realm of Zadkiel we also find craftspeople and artisans who creates luxury goods such as furnishings, fabrics, shoes or clothing accessories.

So this is the realm of the luxury goods and services industry — those things which we do not need, but love to have. Those who provide luxury experiences like holidays, tourism and physical pampering (such as beauticians and masseurs) are also working with the Zadkielite energy.

Remember that the focus here is on enjoyment and the richness of the human experience and the senses. It is not necessarily a focus on aesthetics or design, which would be the realm of Archangel Zophkiel.

Food and Wine

Where Aurielites are concerned with meeting physical needs such as sustenance, Zadkielites are more concerned with enjoyment of the sustenance. So restaurateurs and chefs who have a passion for enjoyment of food and wine are working with Zadkielite energy. Also included in this category are winemakers.

I was taught that because of their affinity with birth and growth, Zadkielites may be midwives or work in construction and architecture. I have not seen this in practice, but it is possible you may encounter Zadkielites working in these areas.

Whichever work a Zadkielite chooses, you can be sure that the underlying urge present for this soul is one of the following:

- To enjoy life and to show others how to enjoy the physical riches around them more fully
- To grow or manage resources effectively with the aim of living in abundance

THE THIRD ARCHANGELIC REALM OF TRAINING — ZOPHKIEL

Zophkielites bring harmony and balance into the world. Therefore, their chosen career will allow them to come into contact with some kind of extreme, and soften it. They bring balanced perspectives so these people are unlikely to go through life thinking everything is black and white —

they can see the subtleties and grey areas too. They are skilled in seeing everyone's side of the story, and as a result, they make excellent mediators, diplomats and peacemakers.

Justice and Ethics

Zophkielites care very much about ethics and fairness. Therefore, they may choose a professional role in which they can correct or prevent injustice or wrongdoing. Lawyers, judges and human rights campaigners fall into this category.

Structure and Harmony

Those who are trained in the third Archangelic realm bring a sense of structure and harmony to their work. They bring beauty and elegance into the world any way they can. This might express itself through writing, crafts, architecture, town-planning, computer programming or design — there are many possibilities here.

Whichever role a Zophkielite chooses, you can guarantee that the soul with this Archangelic realm of training will express one or more of the following soul urges in career:

- Bringing a balanced perspective
- Softening extremes and battle between polarities with their energies of balance and harmony
- Creating elegant and well-structured systems which are a joy to use
- Creating something beautiful yet functional
- Bringing fairness and a focus on ethics

For the soul who has this Archangelic Realm of training, you will need to look to the archetypes and soul group of origin to see if any one of the above areas is reinforced — for example, if the Zophkielite is an ethicist soul then this area may be more prominent. If the Zophkielite is an Alpha Centaurian she may be focused on building a beautiful and functional system.

THE FOURTH ARCHANGELIC REALM OF TRAINING — RAPHAEL

As you already know, Raphaelites bring the energies of healing into the world through love, acceptance, non-judgement, and compassion. They bring these energies passively into all dealings with people and across all life areas, including career.

The Raphaelite Archangelic Realm of training may also give the soul an urge to actively help others on a path of emotional, psychological, spiritual, or physical healing. Therefore it is not uncommon to find these souls working in roles such as counsellor, psychotherapist, spiritual healer, acupuncturist, massage therapist, EFT facilitator, nutritionist, herbalist, doctor, dentist, vet, or nurse.

Members of the medical profession who have this realm of training will have a fantastic bedside manner, since they tend to be approachable and caring people.

Raphaelites may not necessarily be working with people directly to help them heal. Instead, they may teach, write or speak about healing.

THE FIFTH ARCHANGELIC REALM OF TRAINING — GABRIEL

This is one of the Archangelic realms of training that actively seeks expression in a person's career.

The fields in which you will often find these souls include music, sales, writing, teaching, academia, and journalism.

These people usually need a communication/teaching/scholarly aspect to their career, otherwise frustration can set in. When reading for a Gabrielite, I often use the phrase 'you have a lot of energy running through your throat chakra', to impress upon this client that she must have an outlet for this energy. By using your intuition, you will usually be able to ascertain the type of outlet that would most suit your client. Some are more comfortable with the written word than the spoken word (or vice versa.) Some Gabrielites love teaching and others hate it. Either way, you will find that the common urge which souls with this realm of training share is to pass on or impart information, knowledge and wisdom in some format. The deeper purpose behind this urge is to introduce new perspectives and fresh ways to look at life, thus helping others to open their minds.

THE SIXTH ARCHANGELIC REALM OF TRAINING — MICHAEL

Those with their training in this realm bring clarity. They illuminate the truth wherever there is confusion or fear. They are here to show that fear is False Evidence Appearing Real. In doing this, they can bring a sense of peace to others.

They often choose a role which allows them to bring clarity to others, such as psychotherapist, life coach or professional intuitive.

There is a spiritual warrior aspect to this realm which gives the Michaelite an urge to protect the vulnerable and defenceless in society. Sometimes this will take the form of giving information that

empowers, such as providing legal advice or defending human rights. (Note that this spiritual warrior energy can be particularly prominent when it is accompanied by the 'banner carrier' archetype.)

These souls need to work in organisations and environments where there is a culture of integrity and ethics. They are primarily truth-seekers, and this is an urge that can take them far in certain careers. They have a persistent nature when it comes to getting to the bottom of a problem or issue and they are undeterred by whitewashing or illusions. They are like the interviewers who grill politicians on television shows in an attempt to get to the truth.

Careers which may appeal to these people include law, work related to human rights, literary criticism, religious or spiritual ministry, professional psychics, investigative journalists, members of the police force and detectives.

More often than not, Michaelites will be involved in any profession, but their realm of training will deeply influence the approach they take to their work.

The underlying urge that is present for these souls in career is one or more of the following:

- To protect the vulnerable or needy
- To seek the truth
- To intuit and bring clarity to others
- To speak out against wrongdoing
- To expose inconvenient truths

Taking a look at your client's archetypes and soul group of origin will help you to see which one of the above is most active for her.

THE SEVENTH ARCHANGELIC REALM OF TRAINING — KAMIEL

Those who have their training in this realm have a deep-seated urge to help others to transform themselves and create change for the better.

Kamielites will often be found working in the area of personal development. The Kamielites I have read for in the past include professional intuitives, astrologers, life coaches, hypnotherapists and psychotherapists.

Their aim is to help others to become more empowered — this is their principal soul urge in the area of career. They help others to bring about the changes they want in life and they are healers in the area of personal power. They are good at giving people a loving kick in the pants to get moving, and their dynamic energy helps others to get moving and get things done.

They are also good at helping others to live a life that is truly aligned with their soul's true values and purpose.

As a result, there are many fields that would be suitable for these people. Whatever role they are in, they bring a sense of purpose, empowerment, and dynamism.

The Soul Groups of Origin and Their Expression Within Careers

Now let's discuss how the soul groups of origin can affect the client's creative self-expression in the area of career.

Please note that some soul groups are omitted from the list below, and this is simply because I lack experience in doing career readings for some soul groups. I am only able to write about those soul groups with which I have had sufficient contact.

However, the observations below are an indication of what you might expect to find for the soul groups of origin in the area of career. They are based upon what I have noticed in the last five years of working with clients, and through discussing this topic with colleagues. Use your intuition and the exercises for step four to help you to get more specific information when needed.

THE BLUEPRINTERS

The Blueprinters are souls who are invested in the future of our planet. They are usually aware of social and planetary issues. For this reason you will often find them to be active in their chosen careers, spreading their positive energies around and keen to use their gifts.

The Blueprinters who are not involved in a career outside of the home may be responsible parents who are doing their best to bring up well-adjusted children who will have a positive impact on our planet.

THE BLUEPRINT ORIGINATORS

The Blueprint Originators see the ‘big picture’ and very often their choice of work will take this ‘big picture’ world view into account. When these souls are on a spiritual path, they are often interested in roles such as spiritual advisor or life coach.

Because they are observers of life, they make very astute writers, satirists, and novelists.

They may also be interested in humanitarian work.

BLUEPRINT DELIVERERS

I have done many Akashic Record readings for Blueprint Deliverers. It is uncanny just how many of my Blueprint Deliverer clients have chosen the field of social work. Others I have come across have been working as librarians, nurses, mental health workers, teachers (almost always in the public school system) or paramedics. Blueprint Deliverers are deeply aware of social issues and they generally prefer to work for themselves or in the public sector, rather than in the corporate or private sector. The BP Deliverer will often feel unfulfilled in the private sector or in a setting where the primary aim is to make money, simply because she is unlikely to come across the vulnerable in society in such an environment.

The Blueprint Deliverer might be the teacher who encourages you, the hospital orderly who makes you laugh on the way to surgery and the librarian who is always friendly. The reason why Blueprint Deliverers tend to choose roles in the public sector is because in these environments, they are more likely to come into contact with people from all walks of life, including the vulnerable. This gives them an opportunity to bring their energies of respect and kindness for their fellow man. Any role in which the Blueprint Deliverers can do this is one which generally appeals to them.

BLUEPRINT TRANSLATORS

These souls bring both passive energies and active gifts to their work.

They are intelligent, level-headed, and down-to-earth people who are good to have around in any workforce. Because they bring both spiritual and down-to-earth energies, they tend to have a spiritual yet pragmatic approach to situations and to life. They combine perhaps the best traits of the Earth souls and the Blueprint Originators — they see the ‘big picture’ and lots of possibilities but they are also grounded enough to be able to work within practical limitations.

The Blueprint Translators are generally very good at explaining concepts and simplifying ideas, and

this makes them skilled teachers. Not all of them want to teach, but when they do, they are good at it. They do not usually choose to be in a classroom full of teenagers or children, but they sometimes incorporate teaching into their work in some way.

I have found that Blueprint Translators have an affinity with groups and teams. They make good managers and teachers when in a group setting. I have found Blueprint Translators working as yoga teachers and in the fields of alternative self-development, but there is often a group element to this.

In addition, Blueprint Translators have the connection to languages, and I have encountered professional translators, linguists, and many computer programmers who are Blueprint Translators.

As you can see, the above gifts are useful in all work contexts, especially in work involving people, and self-development, so these souls may be difficult to do a career reading for. Sometimes this is precisely the reason Blueprint Translators will come to you for a reading — because there are so many paths they could take. This does not make your job reading for them any easier, but it may help to witness this situation for them.

In the past I have found Blueprint Translators to be working in a wide variety of fields, including psychology, teaching, retail, administration, management, with charities, and in the public sector.

When reading for a Blueprint Translator client, you will have to look to the Archangelic realm, the archetypes and channel the client's Spirit Guides (see step four) to gain more specifics.

BLUEPRINT TECHNICIANS

I have not done many career readings for Blueprint Technicians, but I have done a few Akashic Record readings for these souls. Blueprint Technicians are often found in the fields of technology and science. They are interested in how things work — they are the engineers, computing scientists, geneticists, physicists, biologists, linguists and chemists. Some of them are researchers, working in laboratories. They are highly rational and intelligent. Some of them will be atheists and may champion the causes of rationality and scepticism in our society. Obviously you are unlikely to come into contact with such Blueprint Technician souls in the context of a career reading. The Blueprint Technicians bring a sense of detail and structure to everything they do. They have an eye for detail in a big way, and this is useful for certain fields of work.

BLUEPRINT CHANGERS

Blueprint Changers are healers in the emotional, psychological or spiritual context. These people may actively work with clients in the capacity of psychotherapist, spiritual healer, intuitive or bodyworker.

When they work in the area of physical healing, they take an expanded view of health, rather than viewing patients through the lens of just the physical body.

These people are usually engaged in their own path of healing. They often experience a ‘dark night of the soul’ at some point, and when they come out the other side, they are able to guide others through the depths of despair, and out to the other side, where awareness and transformation await. Often, they will be drawn to helping others with the exact same issue they faced at one time (or still face). In doing this, they bring ‘survivor’s compassion’. They are not in an ivory tower, removed from real life — they have been there, and survived to tell the tale.

I feel that Blueprint Changers bring a sense of the sacred and a sense of intimacy to the role of healer — others feel safe in their presence. And while some Blueprinter souls excel in working with groups, the Blueprint Changer is excellent at helping the individual.

MINTAKANS

Mintakans love to help others to grow and reach their potential. They are true spiritual guides and helpers. They bring the energies of faith, reminding others that everything happens for a reason, and that lessons can be drawn from every experience, no matter how unpleasant. They encourage others to reach their highest potential and purpose. Because of this, they are often found in roles where they can inspire, uplift and assist with spiritual or personal development. They may be coaches, teachers, intuitives, self-development professionals or inspirational writers or speakers.

ALPHA CENTAURIANS

Alpha Centaurians are excellent problem solvers and trouble-shooters, particularly in the areas of systems and technology. They can use their strong analytical skills in many situations and roles, and place a lot of importance on functionality and on systems working effectively.

Many of them are attracted to solitary work that they can do in isolation, such as writing, researching and academia.

SIRIANS

Sirians have a soul urge to help others to improve — this includes improving oneself, improving a system, or improving one’s quality of life. They are able to clearly see what could be improved in any organisation, system or situation and they can use this skill in their work.

It is quite common to encounter Sirians working in the areas of accounting, finance or project management. They work well in these areas, being highly organised, logical, and good at planning. They also bring a sense of structure and strategy to whatever they do. They are rather detail-oriented and very thorough in their approach to their work. In addition, they are often rather driven in their careers.

I have read for many Sirians who work in management, finance and accounting, but who are seeking to transition to something that allows them to help others to improve their lives, results or themselves.

Some Sirians may have a hobby or side business that involves helping others to improve their lives. You will often find them interested in nutrition, fitness, hypnotherapy, NLP or personal development. In fact, they are usually interested in any system, tool or modality that allows others to reach their goals or improve their quality of life. They get a real kick out of making things function more efficiently and yield better results. Ideally, they will find an outlet for this soul urge in their careers.

PLEIADIANS

Pleiadians excel in any role that utilises communication skills.

They are big picture visionaries ('ideas people') and the more this is reflected in their careers, the better. They make great CEOs. They do not work well in roles where they have to execute every single little step themselves — they prefer to delegate.

Pleiadians get excited by the advancement of technology and the 'next big thing' (as they see it) and they have a special affinity with communications technology — anything that allows them to communicate more quickly and effectively excites the Pleiadians. They are interested in new trends, and like to spend time thinking about the future and where we are going.

Their soul urge is to facilitate progress and to speed things along here on earth. They are dynamic, fast-thinking and fast-moving. They enjoy working in stimulating environments. I often find these souls working in the areas of management, teaching, investment banking, market research, sales, corporate training, marketing, motivational speaking and writing, and communications technology.

They make excellent business people and entrepreneurs, but they do usually need to have at least one employee to whom they can delegate the smaller tasks.

I do not have much experience doing career readings for the remaining soul groups, so I am not able to comment on them in great detail. However, you can glean career–relevant gifts and traits from the Akashic Records Program course book, where applicable.

Homework Exercise #1

Please fill out the worksheets provided in the worksheets booklet (you can also find them in the Online Members area.)

They are entitled **Career Reading Worksheets One, Two, Three and Four**. These worksheets will help you to systematically draw the relevant soul gifts out of a client's soul Profile. When you have filled out each one of these worksheets, please refer to the worksheet answers (found in the Online Members area) straight after as this can help you to improve for the next exercise.

Some students with analytical minds or backgrounds will find this exercise easy, and for others it will be a new skill. As with everything, practice is the key to becoming proficient in this area so if you find it challenging at first, please do not worry.

After you have completed a few dozen career readings, you will begin to extract the soul gifts from a soul Profile unconsciously and intuitively, but in order to get to that stage, you first need to train your conscious brain to notice the relevant career gifts.

Homework Exercise #2

Research the soul groups and Archangelic realms of five family members/friends/associates and consider how these are reflected in their choices of career. As always, check that you have permission to look into the soul record of each person before you go ahead.

It is likely that you will be granted permission for this educational exercise. However, you may not get permission in every case, but you will often be able to gain access without having the exact date of birth, place of birth, etc. because your intentions are good and pure.

Now we have talked about how to extract the soul gifts which may be relevant to the client's career, let's look at the steps that follow:

Step Three: Passing on the Soul Gifts and Asking for Feedback

Once you have extracted the relevant soul gifts, you will need to pass on the information that you have gathered. Sometimes the gifts may seem insignificant to you, or too general. Sometimes they may seem more like passive energies that the client brings, rather than gifts that she can actively use. If this is the case, feel free to explain to the client that later on in the reading, you will be able to obtain more specifics if needed.

Part of this step is to ask for feedback from the client if it feels natural or appropriate at this point. I often ask for feedback here out of habit.

WHAT SORT OF FEEDBACK ARE YOU LIKELY TO GET AT THIS POINT?

Some clients are very talkative and like to share their reaction to the information. Others may be too busy absorbing what you are telling them to pass comment yet at this stage.

Some clients will be bowled over to hear their soul gifts spelled out for them. Other clients may initially feel the gifts are not too special or that the information you are passing on is not particularly earth-shattering. If that is the case, it is good to remind clients that we often undervalue what comes most naturally and easily to us. Sometimes, it can be a revelation to the client to hear that what they most take for granted is actually at the heart of what could be most fulfilling for them career-wise. The best readings are not usually those that pass on earth-shattering information. Instead a good career reading will tell us what we already know deep inside, but have not had the opportunity or courage to bring out into the conscious mind.

Step Four: Tuning into the Client's Spirit Guides to Gain More Specific Information

The process for 'tuning in' to Spirit Guides is laid out in the chapter which teaches you how to do a Spirit Guide reading. You can use that process of meeting with a client's Spirit Guides and Higher Self in order to get more specifics on your client's ideal career.

As part of this process, it is always helpful to ask a clear and direct question, such as the following:

Please show me one or more career path that would be aligned with _____'s highest path and purpose.

The information that you receive from a client's Spirit Guides and Higher Self may be general or it may be more specific. At times, I have been able to receive detailed information about the client's career aspirations and dreams — including how about the client can get there — and at other times I have received more general information, such as, 'this client would be fulfilled working in the area of emotional or psychological healing.'

The amount and type of information you receive at this point has a lot to do with where the client is currently at, in her life and career. Some clients might be too open to suggestion, lacking in self-determination, and wanting the Spirit Guides to tell them what to do (this is not uncommon.) In a case such as this, the guides are more likely to give a clue as to the general direction of what would be fulfilling for the client, rather than provide a whole road map, because the client has something to learn about making her own choices and decisions, so specific details relating to the career direction she takes must come from within her. If, on the other hand, the client is highly empowered in her life and career, you are much more likely to channel detailed information for such a person.

If you find the process of meeting with the client's Spirit Guides too long-winded, an alternative to tuning into the Spirit Guides is to analyse the client's soul Profile using claircognizance. This is the process I personally use, because I receive most of the information during my readings through claircognizance and so using this process is a little quicker.

For this exercise, you will first of all need to look at the client's soul gifts all together on paper. Then use the breath-work exercise to quieten your mind and ask yourself 'what would be a good career path for someone with these soul gifts?'

For this step, just see what pops into your mind. As you look over the client's soul group and Archangelic realm of training, see if anything jumps out at you. When you consciously analyse the client's soul Profile in this way, you'll often get more specific information through claircognizance as part of the process.

Another way of receiving information about the client's aptitudes in this way is to use the following exercise. It's called making an energy Profile:

1. Get a picture of the person you are reading and have it in front of you on the computer screen or wherever you are. If you do not have a picture of the person, you need to know what they look like and you need to be able to visualise the person clearly.

2. Now do the breath–work exercise to raise your vibration.
3. Next close your eyes. Visualise the person whose character you’re reading sitting opposite you at a table. If you’re already sitting at a table or desk, you may wish to visualise the person sitting opposite you in that room.
4. Now imagine taking their hands from across the table and holding each hand in yours. This connects you to their energy.
5. See a golden white light just above your crown chakra (above your head). See this light turn into a large ‘dome’ that is directly above you. It grows downwards and envelopes you and the person you’re reading in golden light. Now, you both have a golden curtain of energy around you on all sides, and you are enclosed in this space with the person you’re reading. If you prefer, you can also imagine putting up a tent around you both to create that space.
6. Depending on how receptive you are in this moment, you may receive information, impressions or feelings straight away. If so, write them down. But you don’t always get information right away. So it helps to ask a specific question too, such as:

Which profession would be aligned with _____’s highest path and purpose?

Then of course, once you have the information, you will need to deliver it to the client. I personally do this process live on the phone. I find that only having five minutes to do it, and having a client waiting on the line, really focuses my attention. However, as you are new to this process, you may wish to do it before the client call, and be ready with some suggestions. Then as you become more confident doing this part of the reading, you can do it ‘live’ if you wish.

Step Five: Measure the Alignment of the Client’s Current Career With her Highest Path and Purpose

Before we discuss how to do this, first we need to look at the meaning of ‘highest path and purpose’ in the area of career.

When an option is in alignment with one’s highest path and purpose, it means that it will bring the client growth and fulfilment.

WHY IS GROWTH SO IMPORTANT IN A CAREER?

The work we do is a vehicle for our souls to grow, and that growth is our 'real' spiritual work.

Let's think of some examples of life lessons learned through careers:

THE THERAPIST

A therapist may be learning to allow clients to be exactly where they are in life, and to come to their own conclusions, without needing to do the patient's growing for them. The therapist may also be learning not to be affected by the pain and emotional burdens of others.

THE ARTIST

The artist may be learning self-confidence in putting her work 'out there'.

THE TEACHER

The teacher may be learning to assert her authority in the classroom, and to maintain healthy boundaries with students.

CUSTOMER SERVICE

A shop assistant may be learning to deal with members of the public politely, and maintain firm boundaries.

THE PROFESSIONAL INTUITIVE

If you plan to make intuitive work your career, some of the lessons that you will learn as part of this work could include developing the courage to 'put yourself out there', as someone whose work might be considered unconventional by some. You might also learn to put yourself out there in the sense of marketing your practice and attracting customers. With this work, there is a large aspect of learning to trust your intuition and learning to trust your Akashic Record Spirit Guides to supply you with the information you need to help your client. Faith can be a prominent theme or life lesson for those in this line of work. It may also involve improving your own boundaries so that you don't take responsibility for others' problems. This work is an excellent source of growth, especially for those people who have come here to learn about power, courage, and trusting Spirit.

Perhaps you can look at your life's work through the lens of learning lessons and the 'work' that your soul has been doing. What have your career activities and the people whom you have worked with in the past taught you?

FULFILMENT AND THE HIGHEST PATH AND PURPOSE

In order for a career to be in alignment with our highest path and purpose, it must also be fulfilling and exciting for the soul. This simply means that we enjoy making our unique contribution to the world through our work, and we are appreciated and recognised for what we can do.

So, in conclusion, the definition of following our highest path and purpose in the area of career means that your work allows you to grow and be fulfilled. The more aligned your career is with your highest path and purpose, the more scope there is for you to grow within that profession, and the more scope there is for you to use your gifts and talents.

MEASURING THE ALIGNMENT

In order to measure the alignment of the client's current career you can ask the following question:

How aligned is my client's current career with her highest path and purpose?

A career that is 80–90% aligned with a client's highest path and purpose is usually a career path that is right for the client, but it could do with some minor tweaking. For example, a client who is a therapist whose career is 75% aligned with her highest path and purpose, and who is not using her communication gift in her work, may simply need to shift her focus to teaching or writing to share her knowledge with others.

Sometimes, work that is 80–90% aligned with a client's highest path and purpose indicates that the client would be better suited to a different work environment. For example, an accountant who works in a large firm may be more suited to self-employment.

If a career path is 50–65% aligned with the person's highest path and purpose, this is not an ideal fit for the person's soul gifts. Usually you will be able to pinpoint what is lacking for the client, but it may require more than just some minor tweaking. Often, it will require a whole new direction and/or a different working environment.

A career path that is less than 50% aligned with the client's highest path and purpose is an altogether unsuitable career path for that person. It means that the client will only be partly fulfilled in her career. Some people do spend all their lives doing work that is 50% aligned or less with their gifts.

Of course, not everyone prioritises career fulfilment and some people derive great fulfilment from hobbies, family, relationships, or voluntary work, which may compensate for the lack of fulfilment in the area of career. However, those clients who approach you for a career reading are clearly prioritising career fulfilment and for such people we must assume that 50% (or less) alignment is settling for less than these clients really deserve or want.

WHAT IS MISSING?

When you want to pinpoint for the client exactly what might be ‘missing’ in her career, you will need to dowse on each soul gift that is contained in the soul Profile, asking:

‘Is the client using this soul gift in her work?’

You will come across many scenarios in which an important soul gift (something that is really defining about a person) is not being used in the professional context. For example, a client with the humanitarian archetype who works within a certain corporate setting might feel something is missing for her. This is because those souls with the humanitarian archetype need to feel that they are ‘making a difference.’ When a humanitarian soul works within a company that does not actively contribute anything to the good of the planet (apart from paying taxes and employing people), this is not a good match for what she feels she is here to do.

To hear exactly what is missing from her current career path can be very useful and validating for the client.

Step Six: Measure the Alignment of Career Options with the Client’s Highest Path and Purpose

Sometimes your client will want you to measure the alignment of possible options with her highest path and purpose.

In this situation, you can use the following question:

“How aligned is X with _____’s highest path and purpose in the area of career?”

When a client is considering taking a path that is less than 60% aligned with her highest path and purpose, you can let her know about it by explaining that this career path is unlikely to hold her interest long term, because it does not provide enough scope for her to grow within that field. The client will feel unchallenged in this career after a while. She may feel unfulfilled or unappreciated,

too. These feelings will stem from her inability to use her gifts fully in this area.

Step Seven: Channel a General Message for the Client in the Area of Career

For this step you will be using the skills for channelling Spirit Guides and the Higher Self that you learned in the previous chapter. Sometimes you will receive general messages about the client's career without needing to ask for them. That tends to happen especially when you are very experienced in doing this type of reading. You won't receive general messages every time — only when the client needs to hear them.

If you want to check for a general message, you can kick-start this process by simply asking the question:

“Is there anything else the client needs to know about their career path?”

If you like to use Tarot Cards or Angel Oracle Cards, it can be helpful to use those tools for an open-ended question such as the one above. Drawing a card is like a springboard which can help you to get started in your channelling, and give you a point of focus. Alternatively, it may provide a complete message in itself.

Step Eight: Look up the Life Lesson(s) that the Client is Learning in the Area of Career

There is usually one life lesson that is dominant for the client in the area of career, at any given time in their lives. When the client honours this life lesson and consciously takes it into account, it can make her career path smoother and easier. For example, during Jann's reading I mentioned to her that if she keeps her own self-care in mind in her professional dealings, things will be easier for her.

How much this information adds to a career reading can vary, simply because sometimes, a client may be able to honour the life lesson consciously, and at other times a client may be learning these lessons unconsciously, and that will happen in a process that the client cannot control.

So now we have covered how to do a career reading.

There is another way to structure your career reading — an Akashic Record reading in a career context:

DOING AN AKASHIC RECORD READING IN A CAREER CONTEXT

An Akashic Record reading in a career context is for clients who want more than a 30-minute career reading — perhaps they want to go into their soul gifts (and where these gifts come from) more deeply. They may want you to channel extensive information from their Spirit Guides and Higher Self too. An Akashic Record reading in a career context generally takes around 45–60 minutes to deliver.

Another reason for offering a client an Akashic Record reading in a career context is when a client approaches you wanting a career reading and an Akashic Record reading (this is quite common.)

However, the problem with having an Akashic Record reading and a career reading is that the information you give in both readings is too similar, so the client will be wasting her time having both. You can actually combine the two readings skilfully and effectively, and this part of the chapter will show you how.

KELLY'S AKASHIC RECORD READING IN A CAREER CONTEXT

At this point, please listen to the recording of a career reading with a client named Kelly. This is an example of an Akashic Record reading in a career context.

Kelly, at the time of the reading, was a childbirth educator and breastfeeding counsellor. She had moved to a new city and began holding classes in her local area, but met with limited success. This was puzzling to her because her classes had always been very successful in the past, and she felt blocked in her work. In the reading, she finds out why this might be and what she can do to align her career further with her soul's purpose.

By listening to this recording, you will get a sense for how an Akashic Record reading in a career context is structured.

Here's a question for you to think about while you listen:

- What are the main differences between an Akashic Record reading in a career context (such as the one that I delivered to Kelly) and a regular 30-minute career reading? (Such as the one I delivered to Jann.)

ANSWER:

The main difference between the Akashic Record reading in a career context and the 30-minute

career reading is that the 30–minute career reading is shorter, designed specifically for clients who only want a short reading, but who want practical information that can help them with their career.

The 60–minute reading is a longer and more comprehensive reading, which resembles the level one Akashic Record reading in its content and delivery, but it only includes the Archangelic realm of training, the soul group of origin and the archetypes. Concepts such as the Archangelic realm of training and the soul group of origin are explained fully.

Here are the steps for doing an Akashic Record reading in a career context:

Step One: Research the information in the Akashic Records

Step Two: Deliver this information to the client, explaining all relevant concepts

Step Three: Extract the soul gifts that may be relevant to the client's career from their soul Profile

Step Four: Get feedback from the client about the information you gave her

Step Five: If your client wants it, tune in for more information on which kind of work would suit her

Step Six: Measure career options against the client's highest path and purpose

Step Seven: Channel general messages from the client's Higher Self/Spirit Guides and look up the life lesson being learned in the area of career

FINDING PRACTICE CLIENTS FOR CAREER READINGS AND AKASHIC RECORD READINGS IN A CAREER CONTEXT

For this reading, you will need five practice clients. I recommend that you try out both formats for advising clients in the area of career. For example, you could try three career readings and two Akashic Record readings in a career context.

As with the level one Akashic Record readings that you performed, you will ideally do your practice career readings for complete strangers or people you do not know very well.

It is best to offer this type of reading to a practice client who has not had an Akashic Record reading before, with you or with another person, so that the information you relay to the client will be new to them.

If you are already offering the Akashic Record readings, as taught in the Akashic Records Program and you have a business up and running, an effective way to find practice clients would be to broadcast on your website that you are seeking ‘guinea pigs’ for a new kind of reading that you are offering. If you do this, it might not be a bad idea to charge a small fee to clients who sign up. This allows you to know that the client is at least somewhat invested in the process, and is not just doing it out of curiosity.

You can also vet your potential practice career reading candidates by asking them outright if they are in one of the situations mentioned above (i.e. wanting a complete career change/wanting to branch out in a new direction.) You could place this information on your website so that potential clients know what you are looking for.

If you do not state what you are looking for in a career reading candidate, and you offer the new reading for free, you may get people signing up out of boredom or curiosity. You do not want that — you want invested and suitable candidates.

SHOULD YOU ASK ABOUT THE CLIENT’S CURRENT CAREER BEFORE YOU BEGIN?

The information that you ask of the client before you begin is totally up to you. I don’t ask clients to tell me about their work. I just collect the client’s full name at birth, full name now, date of birth, place of birth and a photo.

Some clients want me to do this reading knowing nothing about them, because they’re interested in what I can come up with based on just a name, date of birth, place of birth and a photo. Others want to tell me a little about what they do and why they’re booking the reading. I am comfortable working with either situation depending on the client’s needs. I have to say that clients who tell me a bit about their situation beforehand tend to get more out of the time we spend together, because I know the context within which to interpret the information — I don’t have to guess.

When you are starting out, you might want to try a couple of practice readings knowing nothing about the client and also do some knowing the client’s current career and see which you prefer.

In the next section, I am going to talk about the types of client that would be a good candidate for this kind of reading so that you can select the right clients.

CHOOSING THE RIGHT PRACTICE CLIENTS

Most clients who come to you can benefit from a level one Akashic Record reading. But with the career reading you need to be a little more selective when it comes to your client. This is because the success of any career reading very much depends on the person on the receiving end. You want your practice clients to have a good experience. In addition, should you decide to offer this type of reading to paying clients you will need to be able to advise interested prospects on whether this reading might be right for them and their situation.

So here are some guidelines that will help you to choose the right practice clients for this kind of reading.

WHO IS A GOOD CANDIDATE FOR A CAREER READING?

The people who benefit most from a career reading are those who already have a career. It could be the wrong career for the client, but ideally, your career reading client will have some kind of work already. This is the first condition to a successful career reading.

Once you know your career reading client has already been in employment for some time, you will want to make sure she is in one of the following situations:

1. When the client feels a lack of fulfilment in her career. This lack of fulfilment may range from outright hating her career to just realising that she may not want to continue doing the type of work she's doing now for the rest of her life. So the client may be in a place of doubt, but perhaps she does not know where to go from here.
2. When a client is already thinking of a complete career change (and she knows what she wants to do) and she would like some confirmation that she is on the right lines for her soul's purpose.
3. When a client is already somewhat happy within her field, but has some ideas for altering her path/work, to bring her even more fulfilment. This might entail moving to a new company if the client is employed by others, or branching out in a new direction if the client is self-employed.

WHO IS NOT A GOOD CANDIDATE FOR A CAREER READING?

In my experience, those clients who have not been in gainful employment for a very long time often do not get a lot out of this reading. There are a couple of reasons for this:

A client who has been without a job for a long time might be in this situation because she has no

financial imperative to work, so there is nothing motivating her to get going on a new career path.

financial security or the need to put food on the table is spiritually useful in that it compels our souls to partake in the area of work and career. When there is nothing forcing a person to work, a career reading is not necessarily going to change the client's level of motivation. This is not to say that someone who has been unemployed long-term will never get anything out of a reading like this, but in my experience it is often the case that the information is not entirely taken on board or acted upon, regardless of how valid or accurate the information may be. (On the other hand, whether or not the client acts on the information given during a reading is of course up to them.)

New Graduates

This type of reading may also fail to help those who have just left College or University and are yet to embark on a career. Sometimes, a young person in that position may need to do a bit of soul searching and exploring before they are ready to take the information and act on it. People in the 18–25 age range are the least likely to be able to act on the information you give them. They may not be ready to invest in their career or they may lack the inner resources at that particular moment in their life. Being fresh out of college or University can be a difficult time that requires a person to exercise her self-determination and learn certain lessons in the process. A career reading may impinge on this process for some souls and so the information you channel may be limited. It all depends on the individual and their path.

I mention this so that you can help your younger clients to know what to expect – it may or may not help them. A career reading is generally more productive for people who have been working for a longer period of time. If you have the opportunity to do a practice reading for a new graduate, you might like to experiment and see if you observe the same scenario as described above.

People Who Need Healing

Sometimes a career reading is not going to help your client because she does not function well in life. At times, a person may not function well because of an addiction or some kind of psychological or emotional issue. Other times, it may be that the person has not healed something major from their past, and so they have personal problems with prevent them from engaging fully with the world. Often those people who are most obsessed with finding their life purpose may be the most in need of healing. I have often found that behind a sense of great urgency and emotional charge around the issue of career fulfilment, there is a person who would do well to focus her energies on psychotherapy or on a path of healing.

Sometimes these clients go from psychic to psychic trying to find the one thing that will fulfil them. They may be frustrated, looking for the joy that should come from their career but doesn't. Some people feel that if they can just find a successful career and make lots of money too, life will get better. However, they don't always have the resources, at that time, to make the first step towards a fulfilling career. When I say resources I don't mean financial resources, I mean emotional and psychological resources, such as self-confidence, motivation, powers of concentration, or the ability to stick to a path. You may sometimes come across clients who seem to be out of touch with reality for some reason, and are not able to move forward with their plans or desires for their career in a realistic way. They may be difficult to work with because they cannot accept that they have to start somewhere and take a first 'baby step'. Instead, such a client may be holding big visions of success, but can't or won't make them happen.

Sometimes, you can channel more information about obstacles or issues such as these when you channel general messages from the client's Spirit Guides or Higher Self. Often those messages will focus on the mindset aspect of career, such as the person's problems, life lessons, or other life areas which are impacting on their career.

However, when a client is being seriously impeded by an issue in their personal life, it is better to refer that client to a psychotherapist (preferably one with a spiritual bent.) If you are a spiritual healer, you may also be able to work with such a client to help the person to move forwards.

Be prepared for the eventuality that a client may not be open to healing and this is OK. We must respect the free will of clients. At the same time, this can be a frustrating situation for the professional intuitive or healer because on occasion you will encounter clients who are addicted to information and in some cases, such people are prepared to pay vast amounts of money for information that can help them to 'fix' the career area of their lives. This is not uncommon among people who need healing and who also feel the need to find a life purpose or direction. The reason for this is simple: collecting information on one's life purpose is much easier than healing some painful issues that are holding one back in life.

In the meantime, I have come across people who make a hobby of seeing psychics about their career or business idea that they seem never to be able to get off the ground. I try to steer such clients towards healing, with me and/or with another person when I sense that is what is needed. When the client is not ready for healing, but I feel they will not be truly served by a career reading, I do not work with them.

In conclusion, the best candidates for a career reading are those who have the resources to do something with the information we can give in this reading, and usually those people will have been active in the area of career for at least a few years already.

CALLING IN A DIVINE BEING AND SETTING UP SPIRITUAL PROTECTION FOR YOUR CAREER READINGS

When it comes to spiritual protection, treat a career reading just as you would an Akashic Record reading:

Remember to call on a Divine being through the breath–work exercise. Then set up violet flames and gold and silver light. Also remember to disconnect from your client afterwards, cutting the psychic ties and separating your aura from your client’s aura. I do this after I have finished the career reading, once the phone call has ended.

WANT TO HEAR ANOTHER READING?

If you want to hear me give a career reading to a new graduate, have a listen to the career reading I gave to Megan. (This reading recording can be found in the Online Members area.)

I was not going to include this recording in the course, as this is not one of the best career readings I have delivered. This is partly because Megan is a new graduate and they can sometimes be difficult to read for in the career context. You will notice that some of her plans were hazy (this is typical for new graduates) and require refining and research.

I also felt ‘on edge’ for the duration of the reading because we had some sound issues (I couldn’t hear her very well) plus she did not talk very much at the beginning of the session and I worried that something was wrong on the technical side. I did not explain the Blueprint Translator aspect of her soul profile very well, nor did I explain well how it affected her in her career. I am including this reading to show you that sometimes, if you are a perfectionist like me and you want your work to be really well done, you will occasionally do a reading that you feel was sub–par. No matter — clients will still get something out of it even if you thought it was not very well done.

When you have done five career readings or Akashic record readings in a career context (or some combination thereof adding up to five sessions in total) please get in touch with me at anna@annasayce.com for your optional 30–minute career reading mentoring session. Please fill in the career reading worksheet in the members area and send this to me prior to the mentoring session. If you have questions before your session, remember you can log onto the forums for extra support.

Note that this mentoring session is optional — it is for those who have questions to ask and

obstacles to go beyond in this area. However, if you only have a couple of questions, you are welcome to post in the forums instead and save your optional mentoring session for a later chapter.

The Decision Making Reading

One of the ways in which people traditionally seek help from Professional Intuitives is in decision making.

People often bring the following types of decisions into a session:

"I am thinking of accepting a new job /leaving my spouse/emigrating"

In many cases a professional intuitive will tune into the energy of the proposed course of action and offer advice such as "I feel this is a good idea" or "I don't get a good sense about that".

In this chapter, I will teach you a more systematic and thorough way of assessing any proposed course of action for your client. We will go beyond 'yes, this is a good idea' and 'no, this feels like a bad idea'.

The best decision making reading will not tell your client what to do. Instead it will help to clarify the options for your client, and confirm what she already knows and feels.

Here are the steps that you will need to go through to do a decision making reading:

(For this reading, I always ask for the client's date of birth, place of birth, full name at birth and full name now. A photo of the client can also be helpful.)

- 1. Bring in an Ascended Master or Archangel using the breath-work exercise and enter the client's soul record**

At this point, I also say a prayer which is as follows *"Spirit, make me a vessel so that I can bring about*

clarity. Help me to put my ego to one side. Give me the courage to say what I pick up."

2. Ask the client what her intention or desired outcome is

What does the client wish to achieve through the proposed course of action?

Even if your client's intention seems obvious, always ask. This is because you do not want to assume anything about your client nor do you not want to assess the decision according to your values. This is what can happen if you simply 'tune into' the proposed course of action the way Professional Intuitives often do — the reader can unconsciously measure the decision or course of action against what she would want, in the client's place. You don't want to do that, so you want to get clear about what the client wants to create through the course of action.

If the client is not sure what she wants to create, I recommend assessing the course of action according to her happiness and let her know that this is the criterion you are using.

3. Next, use your pendulum to ask:

"To what extent is this course of action aligned with the client's intention?"

Put simply, is the proposed course of action going to bring about the outcome the client is looking for? For example, is the job change likely to bring more chance of promotion? Is leaving her spouse going to make her happier in the long run? Etc.

You can use the percentage chart to find out how aligned the course of action is with the desired outcome. Alternatively you can simply ask "Is it more than 50% aligned?", "Is it more than 75%?" until you have the right alignment.

4. Next, ask the question: "Is the proposed course of action aligned with the client's highest path and purpose?"

Highest path and purpose in the area of decisions means a path of expansion that the client's soul would like to take. It means growth and long-term fulfilment. It doesn't necessarily mean short-term happiness. In fact, sometimes a decision that is in our high highest path and purpose may make us dissatisfied in some way in the short term, for greater long term gain.

Your client might not necessarily choose to take the path of her highest growth, but it is helpful for you to research this nevertheless.

If the proposed course of action is in the area of career, you might also like to ask the question:

“What percentage of the client’s soul gifts are being used currently?” Or, “What percentage of the client’s soul gifts will be used in the new job?” (The question you ask at this stage obviously depends on the client’s decision.)

If you know what her soul gifts are (i.e. you have already read her Akashic Record), you could dowse to find out which gifts specifically will/will not be used in the work suggested. If a career option has a low alignment with the client’s highest path and purpose, I would recommend finding out why. That way, you will be able to suggest ways in which the client can align further with her highest path and purpose in her career. This is particularly helpful for self-employed clients, who usually have a bit more freedom to choose what their work day consists of.

5. Channel the client’s Spirit Guides and Higher Self to gain more information on the decision and the alignments

The research you do into the alignments will give you a lot of clarity about the client’s situation. But often there is more detail to be had, and this is where the Spirit Guides come in. They often tell the client about next steps and give more details about the proposed course of action.

For this step, you can use the skills that you learned in the first chapter to channel the client’s Spirit Guides. I personally like to meet with the guides in my conference room, and ask the question “Is there anything else the client needs to know about this option?” and then proceed to pick up information using my claircognizance and clairsentience. Consequently, in the example readings given in this chapter, you will read a lot of phrases like: “I feel that...” or “I am picking up that...” or “Spirit is telling me that...”

You may see or hear information, or you may be skilled in automatic writing.

If you find it difficult to pick up more information about decisions, I recommend investing in a pack of Tarot cards. I have found that Tarot can be extremely helpful for decision making readings because it acts as a springboard to more information.

There is a Tarot resource that I like entitled *The Ultimate Guide to Tarot Card Meanings* by Brigit Esselmont. The thing I like about this Tarot guide is that it has a positive and empowering approach to readings. It is also very comprehensive and helps you to interpret what each card means in various life areas.

To do Tarot card readings, I shuffle the cards many times while thinking about the client’s decision and then I spread them out in front of me. I look at each card intently from right to left and I notice where one card is drawing my attention. Sometimes I might pick more than one card. For example,

if the client is thinking of getting a divorce, I might pick one card for the option of divorce, one card for staying married and another card to find out if there is anything else the client needs to know.

I prefer the Tarot cards to the Angel Oracle cards for doing decision readings. This is because Tarot cards encompass the full range of human experience and archetypes, whereas Angel Oracle cards do not. So I feel that the Tarot is more accurate for decision making readings.

More often than not, I simply channel the client's Spirit Guides. I go through phases with my preferred methodology for this reading.

Just like with channelling, there really is no right or wrong process. It is good for you to experiment and see what works for you.

THE RESPONSIBILITY OF DOING A DECISION MAKING READING

I absolutely love doing decision making readings because by connecting with Spirit when we have a decision to make, we can save ourselves time, energy and heartache by making a good choice. So this reading can make a real difference to people's lives.

I feel it is really sacred so I will often light a candle before I do the reading and I feel a strong sense of responsibility. Sometimes, this sense of responsibility can weigh heavily, especially if you are inexperienced. What if you tell the client the wrong thing and she makes a bad choice? You may be wondering this.

First of all, as with your Akashic Record readings, you have to absolutely trust Spirit. You won't be given misinformation. Our Spirit Guides and Higher Selves are always delighted when we take an opportunity to consult with them and potentially make a decision from our spirit.

Secondly, clients have free will and can accept the input given during a decision reading, or not. You are not making anyone's decisions for them.

(From a legal standpoint, it is a good idea to have a waiver for your clients to sign reminding them that they hold responsibility for the consequences of all decisions they make as a result of a reading with you. I recommend doing this especially if you live in a litigious culture.)

So remember that you are not responsible for the client's choices, but at the same time you can make a difference by passing on useful information from Spirit in this area.

HOW TO COMMUNICATE YOUR FINDINGS

Sometimes new readers find it tricky to communicate what they are picking up, especially if it is not what the client was hoping to hear. As a recovering people pleaser and ‘Pollyanna’ type, I long to tell my clients that everything they are planning will turn out hunky–dory.

It takes maturity and courage to say what you are really picking up. Some people definitely find this harder than others. Michaelites might find it easier than Zophkielites because they are less likely to ‘sugarcoat’ what they perceive. I am a Zophkielite so I can see at least some value in all options and I sometimes like to sit on the fence. But the reality is: this often does not serve our clients.

If the option has a low alignment with the client’s highest path and purpose and her desired intention, we must tell it like it is and warn her of what is ahead. If the option has a high alignment with the client’s highest path and purpose and her desired intention, we can categorically say “go for it!” Those readings are easy.

But if it is somewhere in between those two extremes, we need to explain the nuances to our client. So we need to be categorical at times like a Michaelite and nuanced at other times, like a Zophkielite.

I find that this type of reading is one of the hardest to deliver for that reason. It can also sometimes be difficult when you tell a client something that he or she does not want to hear. As part of this reading, your role is often to deliver a dose of reality and it is not always welcome in every case. For most clients it is, but in my experience, in order to successfully perform this type of reading, you definitely have to practice non–attachment and take your ego out of the equation.

Also expect your decision–making readings to challenge your client. Often the options which are in our highest path and purpose will require a lot from us, in terms of courage, strength, determination, patience or persistence.

Below I present several example readings from real life clients on various life areas, that way you can get a good sense for the common questions that clients ask during readings.

EXAMPLE READINGS

Decision Reading for Leanne

“I have a decision based around my marriage. I would like to leave my husband of eleven years as we are more companions than anything else.

Life is too short and I worry I am wasting it. We have no intimate relationship at all and I am definitely not in love with him and I personally feel he is the same with me.

My problem is that I have two children aged fifteen and seventeen from my previous marriage and he has a twelve year old from his previous marriage. I feel it would break the children's hearts to separate, as they have been through heart ache in the past and I don't want them taking on unconscious patterns around relationships (that belong to me and not them) but I am becoming more depressed at the thought of staying – I have always put the children's feelings first, but somehow now things are changing for me (I can't explain that.)

I also have no money to speak of. So I wouldn't know where I would be going – ridiculous I know. I have a part time job and am also training as a hypnotherapist to add extra skills to my counselling/Holistic therapy skills, in the hope that I can become more financially independent. I am so pulled to moving out – but my circumstances feel as though I cannot do what I feel I would like. So, the decision is should I follow my intuition and make the changes I need to leave, or stay for the sake of the kids, husband, family pets, roof over head, etc., etc.?

Reading the above comes across as if I'm being ridiculous and 'what the heck are you thinking of' – but my deep core says be in alignment with who you really are, Leanne."

Course of action: To leave your marriage

Desired intention: Undefined

Leanne, as you haven't defined an intention for your reading, I am going to assume that you want to create happiness for yourself.

First of all, I asked your Higher Self and Spirit Guides how aligned this course of action would be with your happiness in the long term. I was told that it is 100% aligned.

Next, I asked how aligned this course of action would be with your highest path and purpose. (Your highest path and purpose is the path that brings your soul growth, and which allows you to learn your life lessons.) I was told that leaving your marriage is 100% aligned with your highest path and purpose as well.

Then I asked how aligned this course of action would be with your happiness in the short term. It came up as around 45% aligned. So clearly from these alignments we can see that leaving your marriage will make you happier in the long term, but in the short term it will create circumstances that interfere with your happiness. So it looks like a set of sacrifices and challenges for a long term

gain.

Spirit is saying to me that if you were to stay in this relationship long term, it would lead to you disconnecting from your emotions so that you could rationalise the situation and still find it acceptable. So the cost of staying within this relationship for you emotionally over the long term would be significant.

I asked about two options for you: the option of leaving immediately or taking some time to improve your situation so that when you do leave, things are a bit easier for you. I am not sure how you feel about those two options. I also asked about the impact on your children and on you, for each option.

Spirit is telling me that both options are positive ones. If you decided to leave immediately, I feel that you would be able to survive but it would be stressful because you would be concerned with your economic circumstances for a good while — however, you would still be making a move that is aligned with your highest path and purpose. And you would have options for survival, but they would not be the kind of options you would ordinarily choose for yourself.

The option of taking some time to plan and invest in your future before you leave is also a very positive one for you.

I feel that either way this change is going to shake your children's foundations, emotionally and materially, and it will be difficult for you to make this change without it impacting on your children. So, ultimately it feels like a choice between what you want to do and what you feel is best for your children right now. This would be such a positive change for you that I do feel it would impact positively on your children in the end, but it would take some time before they feel that way.

Leanne, this seems like a really tough decision, and I hope this reading has been helpful for you in the process.

Decision Reading for Yvonne

Thank you, Yvonne for requesting a reading with me. I hope you find it helpful.

You will find your reading below.

“I am currently looking to buy my first house with my partner. A wonderful home has come up in the town I grew up in — a small town about 30 minutes away from the city where I

live right now. Part of me is hesitant to move back to my hometown, mainly because it will mean a 30 minute commute for work and activities. Right now my commute is 10 minutes. My partner feels the same way, but this house looks great, it is in a nice, quiet community and it's in our price range. So far we have found nothing adequate in the city we live in now.

There are a lot of things I will miss if I move back to a small town — my friends, hot yoga, running around the lake trails, movies, the beaches, being close to everything, my volunteer work, metaphysical club, etc. I could still do all these things even if I moved, but it would mean driving an hour to do them, which would mean that I probably wouldn't.

At the same time, I feel like I don't take pleasure in the things I used to — I don't really do all the social activities I used to do (like going swimming, movies, metaphysical groups). Most of my friends are having children now and I don't really fit into their lives anymore — I see them less and less and so I feel like I don't really have the sense of community in this city that I used to have. Part of me kind of wants to move, part of me doesn't."

Course of action: To move back to the town you grew up in

Desired intention: Future happiness

First of all, I asked how aligned moving is with your future happiness. Your Higher Self and Spirit Guides told me that it is 70% aligned with this intention (whereas staying in your current city is around 80% aligned with your intention).

Then I asked: how aligned is moving to this new town with your highest path and purpose. I was also told that moving is 77% aligned with your highest path and purpose. Staying is 82% aligned with your highest path and purpose. Just to clarify, your highest path and purpose is a path that brings your soul the most growth and which allows you to learn the life lessons that you signed up to learn before you incarnated here.

So, staying in your current location seems like the 'better' choice. However, if you choose to move it won't create a significant misalignment with your highest path and purpose. So, neither choice is a 'bad' choice. I suspect that moving is 10% less aligned with your intention of happiness because of the commute and you will possibly miss certain people and activities as well. So, it looks as if you are a little bit more at home and happy in your current location, but moving won't exactly make you miserable either, and is still an okay option. I can see why you are having trouble making a decision!

I asked your Spirit Guides if there is any more information you need to have about this decision.

They said: don't be hasty. I wondered if you felt you needed to make a decision as soon as possible — if so, don't allow yourself to be pushed into making a decision before you are ready. Haste will work against you. Taking a bit of time out to make a decision will work for you.

I hope this reading has been helpful to you.

Decision Reading for Jennifer

“I am desperately wanting another child, but I am unsure whether to do this with my current partner and father of my existing child, as we are very different and he has a lot of his past coming to surface in our lives now.”

Thank you, Jennifer for trusting me to read for you.

Course of action: To have another child with current partner some time soon

Desired intention: Undefined

Jennifer, as you haven't defined an intention for your reading, I am going to assume that you want to create happiness for yourself.

First of all, I asked your Higher Self and Spirit Guides how aligned this course of action would be with your happiness. I was told that it is about two thirds aligned (67%). Next, I asked how aligned this course of action would be with your highest path and purpose. Your highest path and purpose is the path that brings your soul growth, and which allows you to learn your life lessons. I was told that having another child with your current partner at the moment is 67% aligned as well.

So, having another child any time soon would be a mixed bag. It is 67% aligned with your happiness because another child would certainly bring you happiness, but there are too many challenges associated with this course of action for it to be a completely happy event. Spirit is showing me isolation and struggle if you were to go ahead and have a child at the moment — I am wondering whether this hardship might be financial as well. If you choose not to have a child right now, I feel like you will be able to maintain your family's equilibrium much more easily.

This course of action isn't entirely aligned with your highest path and purpose either at the moment — this says to me that the challenges that you will sign up for if you choose to have another child right now will not necessarily bring you growth, at least not the kind of growth that we associate with

your life lessons. Think: some unnecessary challenges, at least from the perspective of your soul.

The fact that this course of action is somewhat aligned with your highest path and purpose does indicate that having another child at some point would be part of your path, but I feel the timing is not quite right.

Decision Making Reading for Lauren

Thank you, Lauren for requesting a reading with me. It is a pleasure to read for you.

Below you will find your reading:

“My current decision at hand is job related, whether or not to apply for an Assistant Manager position within the bank I work for. The position recently became available and I am conflicted on what to do!

Pros:

Close to home

Step up in my career (currently in Ops Admin which is traveling branch support and auditing)

A step in the direction I want to take my career

Cons:

I'm not 100% sure how well the branch manager and I will fit together personality wise

Branch has very high maintenance clients

Pay may be lateral to start — not sure

Also if it helps, I am Sirian, with my Archangelic realm of training in Michael.

I am prepared to do the job in terms of my skills and ability, I just would love an objective spiritual perspective on whether or not this would be an advantageous move right now.”

Course of action: To apply for the job of assistant bank manager within the bank that you work for

Desired intention: To make an advantageous career move

First of all, I asked Spirit how aligned applying for this job would be with your intention. I was told

that it is 93% aligned, which is a very good alignment. It's not a perfect alignment, but it's not far off.

I then asked how aligned this course of action would be with your highest path and purpose on the soul level. Your highest path and purpose is the path that will bring your soul a lot of growth; it is a path that allows your soul to learn the life lessons that you came here to learn. It also means a path that is fulfilling for you long-term.

This new job would be 84% aligned with your highest path and purpose, which means that it would be a fairly good fit for you. The role that you currently have is just under 80% aligned with your highest path and purpose, so this new job would be a positive move in that regard.

So this feels like a very positive reading. I am not sure if you are going to be offered the job, but if you do, it feels like a good move. And even if you don't, it still feels very positive to me. Spirit is telling me that you are on a successful trajectory even if you don't get it. I feel that if you go for an interview, you are likely to interview well, because the energies feel very confident and positive.

Spirit is also telling me that you can be confident in your abilities to work with high maintenance clients and different personalities. Don't doubt yourself.

One of the possible cons to applying for this job that you mentioned in your email is that you are not sure whether your personality would mesh well with the current bank manager. I feel that you can be confident in your ability to get on well with a wide variety of people.

Decision Reading for Melody

Thank you, Melody for requesting a reading with me. I hope you find it helpful.

You will find your reading below.

“My decision: To stay married or get a divorce. We have been together 14 years, married for 9, separated but living in the same home for 3 years. Great friends, but no romance or feelings of romantic love. I have no idea of the best outcome — I am in the midst of a spiritual journey or awakening and am trying to trust the process...whatever that may be.”

Course of action: To get a divorce

Desired intention: Undefined

Melody, as you haven't defined your intention I am going to assume that you would like to know what is in alignment with your future happiness.

First of all, I asked how aligned is getting a divorce with your future happiness. Your Higher Self and Spirit Guides told me that it is 100% aligned with this intention.

Then I asked: how aligned is getting a divorce with your highest path and purpose. I was also told that getting a divorce is 100% aligned with your highest path and purpose. Just to clarify, your highest path and purpose is a path that brings your soul the most growth and which allows you to learn the life lessons that you signed up to learn before you incarnated here.

To me this looks like a very positive, clear cut reading in favour of getting a divorce. Spirit is effectively saying that your growth will be stagnated if you stay in this situation long term.

I asked your Spirit Guides if there is any more information you need to have about this decision. They mentioned to me that you have been in a period of reflection, and you are now in a position to put the past behind you. So I feel the period of spiritual awakening that you have been through recently is very much linked to this decision and where you will be going in future.

The second message I was given was that the more you engage your inherent strength and courage as part of this decision, and the aftermath, the more you will be on your right path. So I feel like this situation is linked to a life lesson of strength/courage.

Decision Reading for Kate

Thank you, Kate for sending in your question. It is a pleasure to read for you once again.

"I am about to embark on your professional training course—just got my first installment, and am really excited to dive in!

My question has to do with my end goals for the course, as a student. While I am excited to take the course for my own development, I am wondering if creating a side business doing intuitive readings could bring me more life satisfaction and financial abundance than my current life situation, where I am adjunct teaching for money, as well as doing art and writing on the side.

If I do a side business, I would still make art and write, and possibly even teach a course here and there because I enjoy teaching, but I would plan to use the business as a primary source of income eventually.”

Course of action: Create a side business doing intuitive readings

Desired intention: More career satisfaction and financial abundance

Kate, I am so glad to have you on my course and I feel that you are going to get a lot out of it on a personal level. As for creating a side business based on what you learn via the course, I feel that this is in alignment with your desired intention, in theory. You could certainly create more abundance by becoming a Professional Intuitive — the alignment with this desired intention was very high, and I also feel that being a Professional Intuitive would create some life satisfaction for you (the alignment was 75% with the intention of being more satisfied in your career.)

So in theory it could work very well. But Spirit is drawing my attention to a couple of important caveats:

Spirit is saying that it will take a lot of work to get to the level of growth and income that you would like to reach. So it would be very dependent on how much you would be willing to work. As you already have one business, this is something that feels very pertinent. If you decided to go ahead on this path, it would be a good idea to see this as a long-term goal, have patience and build your business over time so that you don't burn out.

I also asked how aligned this course of action is with your highest path and purpose. I was told that this path is just under 50% aligned. This suggests to me that although this path will bring you some growth, it's not an ideal alignment to sustain a career in the long term. A less than ideal alignment often manifests as a career that is not necessarily going to hold your interest long-term or something that is not your true love. But Spirit is also telling me that in order to reach your financial intentions, it would need to be something that you build long-term.

I do recall from the career reading that we did together that you have a lot of teaching gifts. In order to improve the alignment of this course of action with your highest path and purpose and sustain your interest long-term, you would need to use some of your teaching gifts in this field and make teaching a part of your business.

So, I am being told that there are a few practical challenges associated with this path that you will need to be prepared for. But if you were to go beyond those challenges, creating a side business would improve your financial situation and add some enjoyment to your life.

FURTHER COMMENTS ON DECISION READINGS

As you can see from the example readings above, the majority of the decisions that clients need help with are in the areas of work, family, love, or location. So the example readings I chose to include in this chapter are a fairly typical selection of what you can expect if you offer this type of reading to the general public.

More often than not, the client already knows — consciously or subconsciously — what she wants to do, and she is looking for some validation which can encourage her to make this choice. This is the most common scenario.

Occasionally, you may come across a client who is very attached to hearing something specific as part of the reading. For example, a client who is convinced that her current partner is her soul mate but there is also something significant bothering her about the relationship, and she may get a reading about the relationship, wanting to be told that everything is okay. This kind of client may be upset when the input from Spirit does not match exactly what she hopes to hear. For such clients I recommend psychotherapy or a cord cutting session around the relationship to help them to move forward. When a client is propelled by her anxiety in this way, you may find that she has been in the pattern of choosing the same sort of partner with the same sort of issue over a long period of time, or she does not get her needs met within the relationships she chooses. This is not an uncommon scenario to encounter during this type of reading.

The majority of decision readings around the theme of “should I leave or stay within this relationship” end in Spirit saying that the relationship is not in the client’s highest path and purpose, so the two example readings above which deal with divorce are fairly typical in my experience.

Usually, when a client is having serious misgivings about a relationship to the point that she books a decision reading around it, she already knows that something is not right, and often she already knows what she wants to do about it.

Not every relationship decision reading will end the same way, however. I have done readings which communicate that the relationship can be a happy and fulfilling one, and that the relationship is aligned with the client’s highest path and purpose. (But usually this sort of message is communicated when the client is on the verge of getting married or making some kind of commitment that makes her anxious or jittery for a reason which has nothing to do with the state of the relationship.)

From doing location readings, I have found that more often than not, location simply boils down

to whether a particular place suits us. Sometimes we don't always know beforehand which kind of city or location would be right for us, but there are energies associated with certain places which suit some people more than others. For example, if you have a client who has a 'Type A' personality, meaning that she is very driven and perfectionist, she may be most comfortable in a peaceful and relaxed location, but she often doesn't know it until she comes across such a place.

It can also be the case that a particular location is in alignment with our highest path and purpose because of the people we might meet or the work we might do in any given location.

NOW IT'S YOUR TURN...

Find five practice clients who have a decision to make and complete a short reading for each one either by email, by phone or in person.

Ensure that you choose clients who are not family members or friends. (It is best to do this kind of reading for people whose decisions you are not attached to.)

If you have questions or need any support through this process, you can leave me a message in the forums.

A common application of this information is within a general intuitive reading, where the client asks any number of questions on the topics of her Spirit Guides, career, relationships, decisions, or soul path. In addition to the five practice readings above, you will have an opportunity to apply the information in this chapter during a general intuitive reading, which you will do towards the end of this course.

